

# Retire to RESORT LIVING

*Spending what should be the most relaxing years of your life in a new place surrounded by unfamiliar faces can leave you feeling anxious. However, with a fabulous and welcoming community like The Brennity, you'll feel more like you're checking in to a five-star resort.*

*Culinary Director Jenny Banks gives us the inside scoop. By Caroline Edmondson*

Well, here you are. Somehow you blinked, life blew by, and suddenly you are (some age you do *not* want to disclose, if you catch my drift). You thought your golden years would be spent rocking in your cozy chair on the porch, enjoying a cool Southern summer evening and drinking a glass of sweet tea while the grandchildren ran around. But now the house is beginning to feel a little too big for you. Perhaps, as a daughter, you're noticing your loved one can't move as easily as they once could. The idea of assisted living is becoming more of a reality by the second, but you're still hesitant to make the final push. The breathtaking property of The Brennity at Daphne and its wonderful staff are here to make this daunting transition as easy and enjoyable as possible.

The Brennity at Daphne offers its assisted living residents around-the-clock care while allowing them to maintain a level of freedom and independence. Jenny Banks, Culinary Director at The Brennity, fondly tells us what she enjoys most about working here. "I love the special bonds we form with each resident and assisting them with their menu items. Being able to customize our menu choices to the tastes and preferences of our residents is also very rewarding for both the residents and us," she says.

Unlike the stereotypical assisted living facility, The Brennity offers a plethora of amenities. With its own raised garden area, library, vast patio and walking trail, and hair salon located on property, there is hardly a reason one would ever need to leave! But if a resident needs to travel off of the property, a staff member will gladly shuttle them to their destination.

Many benefits are on offer, including constant activities and events that encourage socialization between residents, their family, and the home's staff. "We often have area churches, youth groups and choirs come to entertain the residents — the Daphne police department, Bayside Academy, Spanish Fort High School, and the Eastern Shore Girl Scouts, to name a few. Each group brings such joy to our residents. It offers them a new face and a great opportunity to be involved in the community," Jenny shares.

Something to look forward to? The staff holds a themed social every Friday at 4:00 p.m., where residents can socialize and eat delicious corresponding themed treats! Some of the themes are The Wild West, Sunglass Social, and Jazz Social, where the community can show off their dance moves and mingle with the adoring staff. Also, don't forget about special holidays this summer! For the pleasure of their residents, the staff puts together "a cookout for Memorial Day and Color Me Purple in June, raising money and awareness for the Alzheimer's Association with a purple white chocolate fountain and silent auction. In July, we have Red, White, and You, honoring our veterans, hosting special activities, and making homemade ice cream." With doors wide open, The Brennity at Daphne is eagerly awaiting your arrival and is ready to welcome you to the best years of your life.



Summer fun never ends at The Brennity!



**The Brennity at Daphne**  
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